

# Continuing Education/Continuing Medical Education (CE/CME)

## THSCA Coaching School: Dell Children's Athletic Trainer Symposium

**WHEN:** July 21, 2024/ 8:00 AM — July 22, 2024/ 3:00 PM

**Registration:** Click [HERE](#) or scan to register



### Presentation purpose:

Provide evidence-based best practice techniques for clinical application and raise awareness to diagnosis / treatment approaches for Central Texas Athletic Trainers in the realm of Sports Medicine, Sports Science, Orthopedics, Cardiology, Mental Health, Emergency Medicine, Neurology.

### Target audience:

This activity is designed for the audience including the following: Athletic Trainers

### Faculty/Course Director/Planners:

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

### Conflict of Interest:

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities. Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

### Commercial Support:

No commercial interest was received for this CE/CME activity.

### Accreditation:



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Credit designation:

For activities awarding BOC, add the following statement: Ascension (Joint Accreditation Provider ID# 4008174) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 13.00 Category A CEUs. ATs should claim only those hours actually spent in the educational program.



### Learning objectives:

- Differentiate the clinical presentations of the Female Athlete Triad.
- Identify the indications and contraindications of Manual Therapies / Techniques for various musculoskeletal conditions.
- Identify the principles of emergency action protocols and effectively plan / budget for the appropriate resources needed to set patients / athletes up for safety and success.
- Identify the principles of emergency action protocols pertaining specifically to Heat Illness and effectively plan / budget for the appropriate resources needed to set patients / athletes up for safety and success.
- Identify the clinical presentation of Heat Illness specific to Rhabdomyolysis including indications, contraindications, technical considerations, and outcomes
- Identify the clinical presentation of Burnout including indications, contraindications, technical considerations, and outcomes
- Differentiate the clinical presentations of Sports Concussions (Acute vs Chronic / Long term) to develop treatment plans
- Differentiate the clinical presentations of mental health / behavioral health issues the Sports environment to develop treatment plans
- Identify principles of opioid / narcotic use Sports environment including indications, contraindications, technical considerations, and outcomes
- Identify principles of overtraining in Athletics / Sports environment including indications, contraindications, technical considerations, and outcomes
- Identify principles of overtraining in Athletics / Sports environment including indications, contraindications, technical considerations, and outcomes
- Differentiate the clinical presentations of Steroids and Supplements to develop action plans.
- Identify principles of Steroid / Supplements in the Sports environment including indications, contraindications, technical considerations, and outcomes
- Differentiate the clinical presentations of Heat Illness to develop treatment and action plans.
- Identify principles of Heat Illness in the Sports environment including indications, contraindications, technical considerations, and outcomes
- Differentiate the clinical presentations of various Cardiovascular Conditions to develop treatment and action plans.
- Differentiate the clinical presentations of Concussions to develop treatment plans.
- Identify principles of Concussion in the Sports environment including indications, contraindications, technical considerations, and outcomes
- Differentiate the clinical presentations of Heat Illness to develop treatment and action plans.
- Identify principles of Heat Illness in the Sports environment including indications, contraindications, technical considerations, and outcomes

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kelly Gettig, APRN, CPNP-PC/AC	Faculty	Nothing to disclose - 10/13/2023
Keeli Hanzelka, MD, FACEP	Faculty	Nothing to disclose - 03/21/2024
Cynthia Austin, PhD, ABPP	Faculty	Nothing to disclose - 11/07/2023
Puja Patel, PhD	Faculty	Nothing to disclose - 01/24/2024
Jordan Jennewine, MS, RD, LD, CSSD	Faculty	Nothing to disclose - 06/19/2024
Alexandra Furey, BS, MS, ATC, LAT, CES	Activity Coordinator, Faculty	Nothing to disclose - 06/24/2024
Dudley B Holt, MD	Faculty	Paid consultant-Abbott (Any division) - 02/01/2024
Carlos M Mery, MD, MPH	Faculty	Nothing to disclose - 03/16/2024
Robert Vezzetti, MD, FAAP, FACEP	Faculty	Nothing to disclose - 02/02/2024
nithya mani, MD	Faculty	Nothing to disclose - 07/01/2024
Leigh Romero, MD, CAQSM	Faculty	Nothing to disclose - 03/22/2024
Greg Goerig, LAT	Faculty	Nothing to disclose - 06/09/2024
Steven D Ortiz, M.Ed	Faculty	Nothing to disclose - 06/19/2024
Chad Hennessey, M.Ed, LAT, ATC	Faculty	Nothing to disclose - 05/29/2024
Matt Owens, M.Ed	Faculty	Nothing to disclose - 05/31/2024
Billy Abbe, BS	Faculty	Nothing to disclose - 07/01/2024