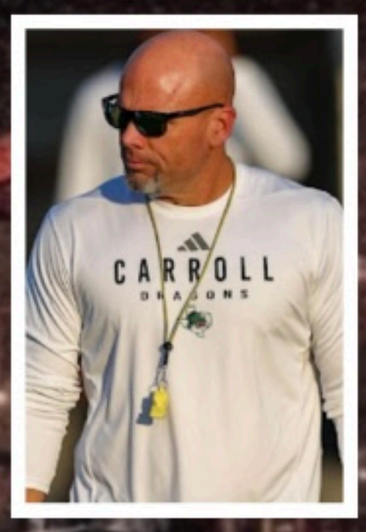
DVHS
STRENGTH CLINIC

DONNIE MAIB
University of Texas
Director of Olympic Sports Performance/ Head Coach for Athletic Performance



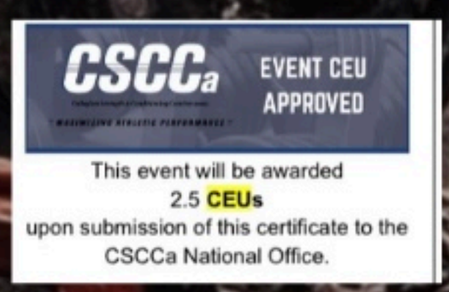
DOUG CASTLEBERRY
Southlake Carrol ISD
Strength & Conditioning Coordinator & Coach

JEREMY WALDEN
University of Houston
Assistant Football Strength & Conditioning Coach

ROB PHILLIPS
Bastrop ISD
Director of Athletic Performance

BRENTON CATES
Del Valle ISD - Strength & Conditioning Coordinator/Coach

CSCCa APPROVED
2.5 CEU HOURS



SATURDAY APRIL 11TH 2026

- ★ Start time: 8:00AM - 2:45PM
- ★ DOORS OPEN: 7:30 AM
- ★ BREAKFAST & LUNCH PROVIDED
- ★ REGISTRATION FEE: $40.00
- ★ T-SHIRT INCLUDED WITH REGISTRATION

Registration Deadline with T-Shirt: March 27th
Same-Day Registration Accepted . T-Shirts Availabe
While Supplies Last (No guarantee shirt on same day registration)

DEL VALLE HIGH SCHOOL ATHLETICS (Building G)
5201 ROSS ROAD, DEL VALLE, TX 78617

Any questions:
catesb91@gmail.com • 254-661-0666

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