2026 THSCA CONVENTION - Dell Children's Athletic Trainer Symposium

94th Annual THSCA Coaching School – July 19-21, 2026 – Houston, Texas

All events are held at the George R. Brown Convention Center (GRBCC) unless otherwise stated.

Professional dress for attendees is required. Casual athletic attire is discouraged.

UPDATED 7/9/2026

SATURDAY, JULY 18

8:30 am

- THSCA New Board Member Indoctrination - Marriott Marquis - Scot Cotton Room - 2nd Floor (Invitation Only)

1:00 pm

- THSCA Board of Directors Meeting - Marriott Marquis - Scot Cotton Room - 2nd Floor (Invitation Only)

12:00-3:00 pm

- **Print your Convention Badge Early!** PRE-REGISTERED ATTENDEES ONLY have the option to come print their badge and pick-up convention materials - GRBCC - 2nd floor

6:30 pm

- THSCA Hall of Honor Banquet - GRBCC - Grand Ballroom- 3rd Floor (Ticketed Event)

SUNDAY, JULY 19

7:30 am-4:30 pm

- Pre-Registration Packet Pick-up, Onsite Registration, Career Center & THSCA Office - GRBCC 2nd Floor - ***MUST Enter using Escalator E from the 1st Floor***
- Exhibits Open - Exhibit Hall A3/B3 - 3rd Floor - ***MUST Enter using Escalator A from the 2nd Floor***

8:00 AM

Room 361: Deidre Duke, LAT, ATC

Navigating Natasha's Law: Concussion Oversight Team and Best Practices in Texas

Room 362 AD: Dr. Racheal Henshaw, PhD, LAT, ATC

Ways to Improve Your Rehabilitation: Optimizing Outcomes Beyond the Standard Protocols

9:00 AM

Room 361: Dr. Chris Greenleaf, PhD, LAT, ATC

Airway Management within Athletic Populations

Room 362 AD: Brittany McCue, MS, LAT, ATC, PES

Athlete Wellness Monitoring

10:00 AM

Room 361: Jakob Allen, PhD

Exercise Science

Room 362 AD: Dr. Racheal Henshaw, PhD, LAT, ATC

Influence of the Wearing of Slides or Backless Footwear Use on Gait Mechanics, Joint Mobility, and Lower-Extremity *Injury Risk in High School Football Athletes*

Room 372 AD: Candle Carmicheal, LAT, ATC, NREMT

C-Spine: Hold or Board?

11:00 AM

Room 361: Dr. Jenn Ahrens, PhD

Neurodiversity in Sports Medicine: Practical Strategies for Athletic Trainers

Room 362 AD: Rory Blevins, MS, LAT, ATC

Diagnostic Point Of Care Ultrasound As An In-Game Decision-Making Tool

Room 372 AD: Billy Abbe, LAT
Coach and Athletic Trainer Communication

12:00 PM

Room 361: Scott Anderson, ATC
A New Paradigm for Preventing Exertional Syndromes in Training for Sport
Room 362 AD: Edgar Garza, MS, LAT, ATC
Biomechanical Analysis of Running Using OpenCap for Functional Assessment in the Off-Season: Strategies for Injury Prevention
Room 372 AD: Kris Neelon, PT, DPT
Beyond the Circle: Comprehensive Rehab for the Softball Pitcher

1:00 PM

Room 361: Dr. Stephanie Logterman, MD
UIL CCP Course #105-B *- Female Athlete ACL / Triad*
Room 362 AD: Ben Snyder, MS, LAT, ATC
Beyond the VOMS: Advancing Vestibular & Ocular Rehabilitation
Room 372 AD: Mario Saldivar, LAT
Recurring Hamstring Injuries

2:00 PM

Room 361: Dr. Robert Martin, MD
UIL CCP Course #106 *- Overtraining*
Room 362 AD: Trey Washburn, LAT
Injury Prevention Through A Balanced Approach In The Weight Room
Room 372 AD: Brian Zettler, MS, MEd, LAT, ATC
Cancer Awareness & Return-to-Play in Athletics

3:00 PM

Room 361: Panel Discussion with Chad Gilliland, ATC, MSM
Athletic Health Care in Secondary School settings: Leveraging health system relationships

4:00-5:15 PM

Networking Reception for Athletic Trainers - *Hosted by the Dell Children's* - Foyer in front of General Assembly - 3rd Floor

MONDAY, JULY 20

7:30 AM - 4:30 PM

- Pre-Registration Packet Pick-up, Onsite Registration, Career Center & THSCA Office - GRBCC 2nd Floor - ***MUST Enter using Escalator D or E from the 1st Floor***
- Exhibits Open - Exhibit Hall A3/B3 - 3rd Floor - ***MUST Enter using Escalator A from the 2nd Floor***

7:30-8:30 AM

- UIL Breakfast with Board of Directors - GRBCC Rm 352 DE - 3rd Floor (Invitation Only)

8:00 AM

Room 361: Dr. Cynthia Austin, PhD, ABPP
UIL CCP Course #107 or #107-B *- Sports Concussion Diagnosis and Treatment*

Room 362 AD: Dr. Jose Ramos, EdD, LAT, ATC, LMT
The Human Side of Crisis: Strong Team Dynamics for Athletic Medical Emergency Response

9:00 AM

Room 361: Lindsay Langford, MS, RD, CSSD
UIL CCP Course #102 *- Steroids & Supplements*

Room 362 AD: Hannah Peavy, MAT, LAT, ATC
Emergency Action Planning

10:00 AM

Room 361: Dr. Puja Patel, PhD
UIL CCP Course #105-B *- Mental Health*

Room 362 AD: Armando Adame, LAT
Unlock the Hips, Unlock the Athlete: Hip Mobility for Sport Performance

Room 372 AD: Peyton Elmore, MSAT, LAT, ATC
Importance of Advocacy in Athletic Training Profession/ Comparing Structured Rehabilitation with Manual Therapy to Standard Physical Therapy in Collegiate Baseball Players with Partial UCL Sprains: Effects on Return-to-Play Time and Functional Outcomes

11:00 AM

Room 361: Dr. Puja Patel, PhD
UIL CCP Course #105-B *- Mental Health (continued)*

Room 362 AD: Victoria Morris, MS, LAT, ATC, CSCS, CES
Who Takes Care of the Athletic Trainer? Addressing Mental Health and Burnout

Room 372 AD: Aerin Henderson, LAT, ATC
Middle School Athlete Injury Prevention

12:00 PM

Room 361: Dr. Keeli Hanzelka, MD
UIL CCP Course #106 *- Heat Illness*

Room 362 AD: Laura Whitus, LAT, ATC
Importance of Sleep for High School Athletes and Which "Better Sleep" Trends Actually Work

Room 372 AD: Ryan Roe, PA-C, ATC
Review of Orthobiologic Treatments for Athletes (PRP/PPP, prolotherapy, viscosupplements)

1:00 PM

Room 361: Dr. Byron Holt, MD and Dr. Arnold Fenrich, MD
UIL CCP Course #106 *- Cardiovascular*

Room 362 AD: Audrey Yager, LAT
Consuming Our Way to Burnout: The Weight of Work in Coaches and Athletic Trainers

Room 372 AD: Marissa Washington, MS, LAT, ATC
The Athlete Reset

2:00 PM

Room 361: Dr. Kelly Getting, DNP, APRN, CBIS, CPNP-PC/AC
UIL CCP Course #107 or #107-B *- Concussion*

Room 362 AD: Josh Yonker, MS, LAT, ATC
Peer-to-Peer Support Following a Crisis

Room 372 AD: Ashlyn Powell, MSAT, LAT, ATC
Dry Needling in Injury Management: Expanding the Athletic Trainer's Toolbox

3:45-5:00 pm

THSCA REGIONAL MEETINGS

Reg 1 *- Exhibit Hall - Basketball Court* ***Reg 2*** *- Exhibit Hall - Black Turf Demo* ***Reg 3*** *- General Assembly - 3rd Floor*
Reg 4 *- GRBCC Rm 320*
Reg 5 *- Marriott Marquis - Houston Ballroom - 2nd Floor* ***Reg 6*** *- GRBCC Rm 320* ***Reg 7*** *- GRBCC Grand Ballroom C*
Reg 8 *- GRBCC Grand Ballroom AB*

5:00-6:30 pm

- **Networking Reception: Celebration of Women in Sports (*ALL WELCOME*) - *Sponsored by the hudl* -** Location TBD
- **Region 5 Networking Reception - *Sponsored by Proven* -** *Marriott Marquis - Houston Ballroom Foyer - 2nd Floor*
- **Regional Networking Reception - *Sponsored by Proven* -** *GRBCC Grand Ballroom Foyer - 3rd Floor*

TUESDAY, JULY 21

7:00-8:30 am

- FCA Breakfast - Marriott Marquis - Houston Ballroom - 2nd Floor (Ticketed Event)

7:30 am-Noon

- THSCA Office & Career Center - GRBCC 2nd Floor
- Exhibits Open - Exhibit Hall A3/B3 - 3rd Floor - ***MUST Enter using Escalator A or B from the 2nd Floor***

8:30 AM

Rm 360 AD: THSCA Athletic Trainers Advisory Committee Meet with the UIL (Invitation Only)

Room 361: Kimberly Plaza, MS, LAT, ATC
Q- Collars

Room 362 AD: Sarah Fringer MS, LAT, ATC / Brittany McCue, MS, LAT, ATC, PES
Energy Drinks and Adolescents

9:30 AM

Room 362 AD: Stacie Salazar
The Pre-Season Plan -- Building Your Personal Systems Before the Storm

11:00-1:00 pm

GENERAL MEETING - GRBCC Grand Ballroom - 3rd Floor

Vote on President-Elect Nominees: *Clint Hartman, Midland Lee HS; Carlos Lynn, Crowley HS; & Mark Torres, Buda Hays HS;*